

INFOPACK



Training Course

“Greener Life”

20-27 July 2022

Serra San Bruno, Italy

1. About the project

Number of participants: 5 participants for all, 7 for Romania

Age of participants: no age limit

Partner Countries: Italy, Romania, Greece, Spain and Portugal

Summary:

The Training Course is created by and for youth workers in order to respond to their need of improving their knowledge, skills and attitude toward the environmental issues that we are facing. They want to develop sustainability competences in order to save resources, reduce energy use and waste, compensate carbon footprint emissions, opt for sustainable food and mobility choices. We believe and know from our own experience that the opportunity of being involved in this kind of project will broaden participant's horizons in many ways, during all phases of the project.

Objectives of the project:

This Training Course will answer the youth workers' personal and professional needs, which are the following:

- learn how to better promote environmentally friendly practices
- having the power to organize, motivate and guide youth in taking action regarding greener practices
- understand the ecology problems of their community and how they could address it together with the young people
- learn how to attract young people towards a more environmentally-friendly lifestyle
- learn non-formal methods that could make young people more interested in the topic
- develop greener strategies and methodologies, about creating sustainable activities.



2. Arrival and departure

You are expected to arrive on 20th July 2022 in Lamezia Terme, Soverato or directly to Serra San Bruno. If you arrive to Lamezia Terme or Soverato an Italian participant will wait for you and together you will take the transfer to Serra San Bruno. All this details will be established together with your group leaders.

The seminar starts on 20th July, with common dinner and a getting to know each other session, after dinner. The activities will finish on 27th July.

In case you want to visit Roma or other places, you can stay longer in Italy (max 2 days). You can arrive few days before the project and also stay longer, but you have to find your own accommodation for the extra days.

Eligible means of transport: bus, train, personal car, plane.

How to get to Lamezia Terme:

Suggestions from **Rome:**

- you can book a flight to Lamezia Terme with low cost company Easyjet:

<https://www.easyjet.com>

- take a train from Roma Termini:

<http://www.trenitalia.com/>

- or take a autobus from Roma Tiburtina Bus Station, in this case the price will be around 30 euro for way:

<http://www.lirosilinee.com/portale/index.cfm>

<http://www.lavallelinee.it/default.asp>

<http://www.venuslinee.it/>

<http://www.autolineefederico.it/main/public2/index.jsp>

How to get to Soverato:

Suggestions from **Rome**:

- take a autobus from Roma Tiburtina Bus Station, in this case the price will be around 30 euro for way:

<http://www.autolineefederico.it/main/public2/index.jsp>

<https://www.troiolobus.com/>



3. What to bring

We kindly ask you to bring:

- Map, posters, photos, postcards about your country/region/town to be displayed during the International Evening.
- Some gastronomic specialties (food and/or drinks) for the International Evening.

Please note that it is not possible to cook or heat food at the hotel!

- Warm clothes, resistant boots, jacket.
- Comfortable clothes for the sessions.
- A nice outfit for the intercultural night.

The temperature will be around 8-28 degrees Celsius.

4. Venue and accommodation

The training course takes place in Serra San Bruno, a mountain village near Vibo Valentia city. In regional natural park.

You will be accommodated in double or triple rooms with shower and toilet. Bed linen will be provided as well as towels. We won't put people from same nationality in rooms in order to give you the chance to learn about new cultures.

We will have 3 meals per day.

<http://www.hotellafontanella.it/>



5. Costs / travel expenses and reimbursement

Accommodation and food (3 meals par day) during the training course - as well as all programme costs - are covered by our Erasmus+. You might need some personal money for drinks, shopping, etc. outside the programme (around 1.5-2 € for a small beverage).

Participants have to buy the tickets themselves and bring/send us all original documents.

The cost of the transfer from Airport or Train/bus station (Soverato/Lamezia Terme) to the venue (Serra San Bruno) is € 20 for each participant.

Travel expenses will be reimbursed by our organization directly to our partner organization in each country only after receiving 20% of the funds after project evaluation. The association Passepartout.up declines all responsibility from delays of the National Agency in providing 20% of the funds. Passepartout.up will transfer the money for the participants to the partner organization and the partner organization will reimburse you the money through bank transfer.

Please make sure you respect the maximum amount of money that we can reimburse:

Country	Maximum per person
Greece	320 €
Portugal	410 €
Romania	320 €
Spain	320 €

- in case your ticket is more expensive, you will have to cover the extra costs.

Make sure to bring with you the following documents for the reimbursement:

- plane, bus, train ticket that has your name on it
- proof of payment: bank statement if you paid by bank or receipt if you paid by cash
- boarding pass- for plane

During your stay in Italy, you will not be accident-insured, health-insured and personal liability-insured by us, so if you want please provide such a private insurance in your own country and make sure you will bring it with you. Or you have the possibility, for the health insurance, to ask for the European Health Card which is free of charge and can be procured from your countries (available only for EU member states citizens).

6. Youthpass

Within the frame of ‘recognition of non-formal learning’, participants will receive a “Youthpass” Certificate after the course upon their request. Youthpass is an official recognized tool in order to validate non-formal learning aspects gained during the training. It is important that, before coming to the training course, participants reflect upon what competences they aim to develop by taking the initiative to participate to our training course. For further information, just follow the link:

<http://www.youthpass.eu>



7. Contact

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See you soon!