

# INFOPACK



**Youth Exchange “Moving rural”**

**23-28 July 2018**

**Serra San Bruno, Italy**

## **1. About the project**

**Number of participants:** 5+1 group leader (gender balance is preferable)

**Age of participants:** 18-30 years old, no age limit for the group leader

**Partner Countries:** Italy, Spain, Greece and Portugal

### *Summary:*

"**Moving Rural**" was born to create the opportunity for young people to share experiences about sustainable development of rural areas and to promote the exchange of good practices in rural tourism.

The participating countries are represented by organizations: Passepartout.up (Italy), AJ Tempus (Spain), Associacao Backup (Portugal) and Praxis (Greece).

The project will be implemented with 24 participants, 6 of every country (5 participants + 1 group leader).

The main objective is to foster job opportunities for young people in rural areas, allowing them to stay and live in their own places.

At the end of the project, participants will improve their knowledge in the development of rural areas.

Moreover, some will start projects of youth entrepreneurship to improve their personal and territorial condition.

### *Objectives of the project:*

- development of youth entrepreneurship focusing on rural tourism;
- create new educational methods to promote intercultural exchanges through the sharing of experiences and the development of skills;
- Raise awareness of the potencial of rural areas.
- Developing job opportunities in rural turism
- orientate participants to social and creative entrepreneurship, aimed at enhancing the territory and increasing tourism, creating a local and international network between countries, promoting cooperation among different realities.



## **2. Arrival and departure**

You are expected to arrive 23 July 2018 in Lamezia Terme, Soverato, Vibo Valentia or directly to Serra San Bruno. If you arrive to Lamezia Terme, Soverato or Vibo Valentia, an Italian participant will wait for you and together you will take the transfer to Serra San Bruno. All this details will be established together with your group leaders.

The seminar starts on 23 July, with common dinner and a getting to know each other session, after dinner. Activities will finish on the morning of 28 th July 2018.

**In case you want to visit Roma or other places, you can stay longer in Italy (max 2 days).** You can arrive few days before the project and also stay longer, but you have to find your own accommodation for the extra days.

**Eligible means of transport:** bus, train, personal car, plane.

### **How to get to Lamezia Terme:**

Suggestions from **Rome**:

- you can book a flight to Lamezia Terme with low cost company Easyjet:  
<https://www.easyjet.com>
- take a train from Roma Termini:

<http://www.trenitalia.com/>

- or take a autobus from Roma Tiburtina Bus Station, in this case the price will be around 30 euro for way:

<http://www.lirosilinee.com/portale/index.cfm>

<http://www.lavallelinee.it/default.asp>

<http://www.venuslinee.it/>

<http://www.autolineefederico.it/main/public2/index.jsp>

### **How to get to Soverato:**

Suggestions from **Rome**:

- take a autobus from Roma Tiburtina Bus Station, in this case the price will be around 30 euro for way:

<http://www.autolineefederico.it/main/public2/index.jsp>

### **How to get to Vibo Valentia:**

Suggestions from **Rome**:

- take a train from Roma Termini:

<http://www.trenitalia.com/>

- or take a autobus from Roma Tiburtina Bus Station, in this case the price will be around 30 euro for way:

<http://www.lirosilinee.com/portale/index.cfm>

<http://www.venuslinee.it/>





### **3. What to bring**

We kindly ask you to bring:

- Map, posters, photos, postcards about your country/region/town to be displayed during the International Evening.
  - Some gastronomic specialties (food and/or drinks) for the International Evening.
- Some seeds from your country (potato, salad, whatever you want to growth in partner countries fields)
- summer clothes and some warm clothes for the evening, jacket.
  - Swimsuit
  - Comfortable shoes and clothes for walking in nature

The temperature will be around 15-30 degrees Celsius.

#### **4. Venue and accommodation**

The youth exchange takes place in Serra San Bruno, a mountain village near Vibo Valentia city. In regional natural park.

You will be accommodated in double or triple rooms with shower and toilet. Bed linen will be provided as well as towels. We won't put people from same nationality in rooms in order to give you the chance to learn about new cultures.

We will have 3 meals per day.

<http://www.fondodeibaroni.it/sito/intro.html>



## **5. Costs / travel expenses and reimbursement**

Accommodation and food (3 meals par day) during the youth exchange - as well as all programme costs - are covered by our Erasmus+. You might need some personal money for drinks, shopping, etc. outside the programme (around 1.5-2 € for a small beverage).

Participants have to buy the tickets themselves and bring/send us all original documents.

The cost of the transfer from Airport or Train/bus station (Vibo Valentia – Soverato – Lamezia Terme) to the venue (Serra San Bruno) is € 20 for each participant.

Travel expenses will be reimbursed by our organization directly to our partner organization in each country only after receiving 20% of the funds after project evaluation. The association Passepartout.up declines all responsibility from delays of the National Agency in providing 20% of the funds. Passepartout.up will transfer the money for the participants to the partner organization and the partner organization will reimburse you the money through bank transfer.

Please make sure you respect the maximum amount of money that we can reimburse:

<b>Country</b>	<b>Maximum per person</b>
Spain	275 €
Greece	275 €
Portugal	360 €

- in case your ticket is more expensive, you will have to cover the extra costs.

### **Make sure to bring with you the following documents for the reimbursement:**

- plane, bus, train ticket that has your name on it
- proof of payment: bank statement if you paid by bank or receipt if you paid by cash
- boarding pass- for plane

During your stay in Italy, you will not be accident-insured, health-insured and personal liability-insured by us, so if you want please provide such a private insurance in your own country and make sure you will bring it with you. Or you have the possibility, for the health insurance, to ask for the European Health Card which is free of charge and can be procured from your countries (available only for EU member states citizens).



## **6. Youthpass**

Within the frame of ‘recognition of non-formal learning’, participants will receive a “Youthpass” Certificate after the course upon their request. Youthpass is an official recognized tool in order to validate non-formal learning aspects gained during the training. It is important that, before coming to the training course, participants reflect upon what competences they aim to develop by taking the initiative to participate to our training course. For further information, just follow the link: <http://www.youthpass.eu>





## **7. Contact**

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**See you soon!**